

# JUNIOR KICKERS CLASSES

TIPS ON HOW YOU CAN GET THE MOST OUT OF OUR CLASSES WITH YOUR CHILD

## FIRST CLASSES

### MANAGE YOUR EXPECTATIONS AND RELAX

Unlike Little Kicks, which is a parent and toddler class, we are now beginning to encourage parents/carers to take a step back to promote independent play. We allow new enrolments to settle in at their own pace in a pressure free environment, with help from parents if required in the first few weeks, just until your child has settled in and feels comfortable in the class.



### PLAY NOT PUSH OUR MOTTO IS OUR ONLY RULE

Expect your child to be involved in increased activity in the session. We have a 3 x 15 minute structure, including a minimum of 15 minutes football focused activity which focuses on differentiating your child's little and big kicks.



### STICK WITH IT AND DON'T GET DISHEARTENED

In the first couple of weeks your child might only join in the session for 10-15 minutes, as the session is run at a different pace and tempo than our Little Kicks classes. Rest assured that participation will build up over time when the children develop the physical and cognitive endurance to take part for longer and begin to understand the format and structure of the session.



### PLEASE DON'T STRESS IT TAKES TIME TO SETTLE IN

With the key learning goals we are aiming to achieve in Junior Kickers, we do this through our imaginative, creative and fun games. Our goals focus on kicking, teamwork, imagination and physical literacy. The emphasis is that we are building on the foundation skills and football basics learnt in Little Kicks, with progressions and differentiations.



### FOCUS ON THEIR ACHIEVEMENTS

#### IT'S THE LITTLE THINGS THAT COUNT

The Junior Kickers coaching philosophy is disguised learning through play. Our games cleverly disguise the learning aspect so children think they are just playing. The more your child enjoys the games, the more they participate. This enjoyment leads to greater confidence, which in turn leads to self-initiated participation and independent play.

